

1st Orthopaedic Department  
of Aristotelian University  
“G. Papanikolaou” Hospital

# ***Shoulder Instability***

## **13.12.2014**

Thessaloniki / Aristotle University's Research  
Dissemination Center (KEDEA)

PROGRAM

# Shoulder Instability

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## SCIENTIFIC PROGRAM

8:30 - 9:00 SUBSCRIPTIONS

9:00 - 10:45 1st SESSION

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Moderators: Antonogiannakis E.- Georgousis H.

1. Shoulder Kinematics. Biomechanical models.  
D. Metaxiotis
2. First traumatic shoulder dislocation in young population.  
I. Gigis
3. Traumatic shoulder instability, corelated with rotator cuff tears in patients over 40 years old (Cuff Tear Instability)  
P. Dimakopoulos
4. SLAP lesions in shoulder instability. Tips & tricks during operative treatment.  
M. Iosifidis
5. Epidemiology, Factors predisposing to shoulder dislocation.  
I. Christoforidis
6. Intraoperative complications during arthroscopic bankart repair.  
C. Sinopidis

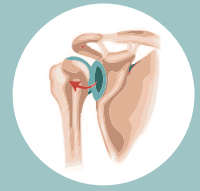
Discussion

11:00 - 12:30 2nd SESSION

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Moderators: I. Christoforidis, I. Maris

1. The role of Long Head Biceps Tendon in shoulder stability.  
I. Sarris
2. The role of rotator cuff interval in shoulder instability.  
V. Vraggalas
3. HAGL and RHAGL lesions. Tips and tricks in operative treatment.  
E. Fandridis
4. Internal Impingement and shoulder instability.  
I. Ferousis
5. MRI arthrography vs conventional MRI. The role of cooperation between radiologist and orthopaedic surgeon.  
A. Bintoudi



### 12:30 - 14:30 3rd SESSION

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Moderators: P. Papadopoulos, M. Ozkan

1. Bony Bankart Lesions. How i do it arthroscopically?  
D. Karataglis
2. Indications for open operative treatment in shoulder instability.  
A. Panagopoulos
3. Minimal invasive open stabilisation procedure through a SSC splitting approach for recurrent shoulder dislocation  
H. Georgousis
4. Reasons for operative treatment of the first shoulder dislocation  
A. Georgoulis
5. Arthroscopic assisted Bristow-Latarjet for recurrence of anterior shoulder instability.  
M. Demirtas
6. Osteoarthritis after bankart repair.  
P. Papadopoulos

Lunch break

### 15:30 - 17:00 4th SESSION

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Moderators: M. Hantes, P. Dimakopoulos

1. Humeral bone loss in anterior shoulder instability.  
Diagnosis - Management.  
E. Antonogiannakis
2. Locked posterior shoulder dislocation.  
I. Maris
3. Arthroscopic operative treatment of posterior instability.  
Tips & Tricks  
M. Ozkan
4. Multidirectional shoulder instability. Diagnosis and treatment.  
C. Giannakopoulos

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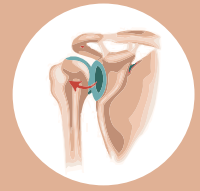
## SCIENTIFIC PROGRAM

17:00 - 19:00 5th SESSION

Moderators: M. Ozkan, I. Ferousis

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1. Bankart repair in athletes. Differences among different sports.  
I. Gliatis
2. Pathophysiology of thrower's shoulder.  
I. Bisbinas
3. Throwing and human evolution  
G. Grouios
4. Rehabilitation protocols after conservative and operative  
treatment of shoulder instability  
G. Kutras
5. Return to sports after bankart repair. When? How? Results?  
A. Boutsiadis



## GENERAL INFORMATION

### **Seminar Venue**

Thessaloniki / Aristotle University's Research Dissemination Center (KEDEA)

### **Seminar Dates**

Saturday 13 December 2014

### **Credits (CME-CPD)**

The Hellenic Medical Society, according to the EACCME-UEMS criteria, provides 6 credits for Continuing Medical Education (CME-CPD) to the participants that will attend the seminar proceedings

### **Official Language**

The official language of the Seminar will be Greek

### **Registration fee**

Free entrance

### **Seminar Organisation**

1st Orthopaedic Department of Aristotelian University,  
"G. Papanikolaou" Hospital

### **Seminar Secretariat**

#### **Premium • Congress & Social Events Solutions**

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